



Poetry in motion



With an arsenal of silver-tongued words and kickboots in tow, 20-something **Anida Yoeu Esguerra** is a force to be reckoned with. Not only does she run her own graphics company called Atomic Kitchen Designs, which she says “feeds my body,” she’s a leading voice in the Asian American spoken word movement. Looking for a way to feed her soul, she founded and performed in one of the first Asian American groups on the scene in the late 90s, I was born with Two Tongues, as well as a women’s performance group called Mango Tribe, both of which have embarked on national tours. Blending artistry with activism, this is one lady whose name (pronounced Ah-neh-da) you should know. As she says it, “No one else can tell my story. Everyone has a story to tell and everyone’s story is worth telling.”

— By Jennifer Macagba
Photography by Jill Paider